

John DuRocher Counseling LLC

Alcohol Questionnaire

1. What does “The National Institute on Alcohol Abuse and Alcoholism” define as “binge drinking”?
2. What are 5 negative ways alcohol affects the body?
3. What is the standard legal limit used across the United States to determine if someone is an "impaired" driver?
4. How many drinks would it take for you to get to the “legal limit” for driving under the influence?
5. How many Americans suffer from “alcohol abuse” or “alcohol dependence”?
6. What are 5 symptoms of alcohol withdrawal?
7. What is meant by tolerance when talking about alcohol consumption?
8. How does alcohol affect depression?
9. How does alcohol affect the brain?
10. What can an alcoholic do to get better beyond simply not drinking?