

# John DuRocher Counseling LLC

## **A.A. Questions**

Remember: Google is your friend.

1. What year was Alcoholics Anonymous founded?
2. Who are the two men credited with founding A.A.?
3. What does A.A. call its book?
4. What does a sponsor do?
5. Step 6 mentions "Character Defects."  
List 5 "character defects" an alcoholic might have.

Which of these do you identify with?

6. Step 12 says "We practice these principles in all our affairs."  
List 5 Spiritual Principles of A.A.

Do you regularly practice any of these? Which ones?